



[Kindfulness by Ajahn Brahm](#)

Kindfulness by Ajahn Brahm by The Buddhist Society 6 years ago 1 hour, 32 minutes 9,614 views Kindfulness explains how "mindfulness" and "kindness" combined become the power behind successful meditation. Ajahn

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Sunday Q&A - Ajahn Brahm by BSWA Retreats 2011-15 Media 7 years ago 1 hour, 32 minutes 1,586 views Ajahn Brahm's meditation book, "Mindfulness, Bliss, and Beyond: A Meditator's Handbook" CLICK HERE: <http://goo.gl/Op3iIY>

[Mindful Bliss](#)

Mindful Bliss by Pranayama Om - Topic 3 minutes, 57 seconds 1,101 views Provided to YouTube by IIP-DDS, Mindful Bliss - Pranayama Om, Mindful Bliss, Pranayama Om Released on: 2017-07-15 Artist:

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